



Steps for Overcoming Obstacles

- Write down the obstacles (Identify)
- Write down the outcome you expect (Expectation)
- Write out at least 10-15 solutions (Solve)
- Choose a course of action (Decide)
- Take measurable steps daily, until you get results (Action)

Ideas for Preventing Unnecessary Obstacles:

- Evaluate your own progress
- Create your own continued education track
- Have planning sessions: Monthly and Quarterly Updates
- Always ask yourself how you can do better

Get connected with us:

Free – 15 Minute Goal Achievement/Business Coaching Session
(Get answers to get you going in the direction to get results.)

Free – Monthly Success Strategies Newsletter, “Power Up Today” – Register:
<https://www.designingyourlifetoday.com/poweruptoday> or Text the
words POWERUP to 42828

Free – Podcast – <https://www.designingyourlifetoday.com/podcast>



Resources:

Books for Achiever's: <https://www.amazon.com/author/patcouncil>

Register to receive information about online Power Achievement Coaching –
<https://www.designingyourlifetoday.com/poweruptoday>

Goal Achievement Mastery Course and Resources that will help:
<https://www.designingyourlifetoday.com/getresults>

Websites: <https://www.designingyourlifetoday.com>
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